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| --- | --- | --- | --- | --- |
|  | **Movements** | **Scoring criteria** | **Score** | **Observations** |
| 1 | Enter at a canter on the centreline, stop, immobility, salute | Straightness and precision of entrance and immobility halt |  |  |
|  | **Exercises at walk** |  |  |  |
| 2 | Walk on straight line, 5 strides minimum | Impulsion and regularity of the gaits, straightness, contact and poll |  |  |
| 3 | At walk, make a figure of eight with 2 circles of the same diameter starting in the middle | Impulsion and regularity of the gait, contact and poll, flexion and bend |  |  |
| 4 | Half-turn at walk to the right | Contact and poll, flexion and bend, regularity and quality of the gait |  |  |
| 5 | Half-turn at walk to the left | Contact and poll, flexion and bend, regularity and quality of the gait |  |  |
| 6 | Reinback in a straight line off track, 8 strides minimum | Contact and poll. Regularity and quality of the gait and precision |  |  |
| 7 | Sidestep to the right, 10m minimum | Contact and poll, regularity and quality of the gait, alignment of shoulders and haunches |  |  |
| 8 | Sidestep to the left, 10m minimum | Contact and poll, regularity and quality of the gait, alignment of shoulders and haunches |  |  |
|  | **Exercises at a canter** |  |  |  |
| 9 | Make three successive circles of 20, 15 and 10m with the right hand starting at an extended canter and progressively slowing to a working canter | Precision of circles, variation of amplitude of stride, contact and poll, balance and cadence |  |  |
| 10 | Make three successive circles of 20, 15 and 10m with the left hand starting at an extended canter and progressively slowing to a working canter | Precision of circles, variation of amplitude of stride, contact and poll, balance and cadence |  |  |
| 11 | At a canter, make a figure of eight with two circles of the same diameter with change of lead at the intersection of the 2 circles | Precision of circles, contact and poll, balance and fluency of change of lead foot |  |  |
| 12 | Tempi change on the 3 sides (2 large, one small): extension on long sides and collection on short side | Precision of transitions, submission and suppleness of horse, contact and poll, correctness of the canter |  |  |
| 13 | Halt on hind legs | Engagement, straightness |  |  |
| 14 | Reinback 6 paces minimum then enter canter without break | Fluent transition, straightness, suppleness of horse |  |  |
| 15 | Stop, immobility, salute | straightness of turn/line and halt, immobility |  |  |

Senior dressage (Z1, one-handed)

**Comments**

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| 16 | Gaits, soupleness, tact | straightness, cadence and scope of each gait |  |  |
| 17 | Impulsion, submission | Absence of resistance, suppleness during movements, hindleg activity |  |  |
| 18 | Use and effect of rider aids | Overall posture, seat and suppleness of the rider |  |  |
| 19 | Artistic score | Harmony of presentation, evidence of movements and degree of difficulty of dressage |  |  |
| 20 | Clothing, equipment and care of the horse | Costume, bridle, saddle and care of the horse |  |  |